

Collagen water with ginger-lemon flavour

Ingredients used

OmniCol™ 110

Recipe suggestion

In this collagen water, the OmniCol™ 110 provides hydrolysed collagen of bovine.

Collagen is one of the most important and basic building blocks within the human cell, and is found especially in connective tissue, i.e. in bone, teeth, cartilage, tendons, ligaments and in the skin.

The recommended serving size is 500 ml, and it will provide 14.45 g of collagen.

Ingredients	Amount
OmniCol™ 110	3.40
Citric acid	0.26
Ginger-lemon flavour natural	0.18
Lemon flavour natural	0.12
Masking agent flavour natural	0.02
Ascorbic acid	0.014
Sucralose	0.006
Water	96.00
Total recipe	100.00 %

Nutrition facts:	per serving size (500 ml)
Energy	301.72 kJ/71.03 kcal
Fat	0.02 g
Saturated fat	0.00 g
Carbohydrate	1.43 g
Protein	16.15 g
Salt	0.52 g

Production procedure

1. Mix all dry ingredients.
2. Dissolve the powder in water.
3. Serve and enjoy.

Flavours and masking agent have been provided by Foodarom.