

Inspiration sheet

Fruity Collagen Gummies



Gummy candies have always held appeal as they are available in various fun shapes, colors, sizes and flavors.

Sweets have lost favor in a health conscious world. In an effort to remove guilt from indulging in this tasty treat, this recipe demonstrates how adding OmniCol (Bio-available collagen) can transform simple gummies into a nutritional treat.

Recipe suggestion

Ingredients

Water	30.84 %
OmniCol™	20.00 %
Isomalt	15.40 %
Sugar, white	14.46 %
Glucose syrup	7.20 %
Gelatine powder	6.56 %
Dextrose	4.28 %
Citric acid (E330)	1.00 %
Cherry flavor natural	0.16 %
Antifoam FDP	0.05 %
Total recipe	100.00 %

Nutri-Score



Ingredients used:

OmniCol™

Essentia ingredients are added to provide:

- > Bio-available collagen

Other recipes that might be of interest to you:

- > Protein bars
- > Chocolate collagen brownies
- > Creamy desserts

Nutrition facts

Nutrients per 100 g

Energy	263 kcal
Protein	25.2 g
Fat	0.0 g
Carbs	39.4 g
Salt	0.3 g
Sodium	1.0 mg