



Inspiration sheet

Collagen Chocolate Bar



Dark chocolate is known for being indulgent and in recent times, its antioxidant properties have come to light. It would be perfect, if only it were healthier.

That is why we have come up with this recipe for the nutritious collagen chocolate bar that takes the guilt out of indulging in this particular pleasure. With 28.3 g added protein, this chocolate bar provides a snack that is both tasty and nutritious.

Recipe suggestion

Ingredients

OmniCol™	30.00 %
Chocolate for coating	23.50 %
Binder	18.00 %
White chocolate	12.00 %
Coconut powder	9.00 %
Water	4.00 %
Glycerin	3.50 %
Total recipe	100.00 %

Disclaimer: The information contained in this document is subject to our disclaimer found at essentiaproteins.com

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Ingredients used:

OmniCol™ 120

Essentia ingredients are added to provide:

- > Bioavailable collagen
- > Source of amino acids
- > Health benefits

Nutrition facts

Nutrients per 100 g

Energy	443.3 kcal
Carbs	36.72 g
Protein	31.62 g
Fat	18.87 g
Fiber	2.86 g
Salt	0.0 g

Other recipes that might be of interest to you:

- > Collagen water with ginger-lemon
- > Collagen Chocolate Brownie
- > Collagen Creamy Dessert